

# Whenuapai School

Airport Road, Auckland  
New Zealand

Newsletter – 10 September 2024

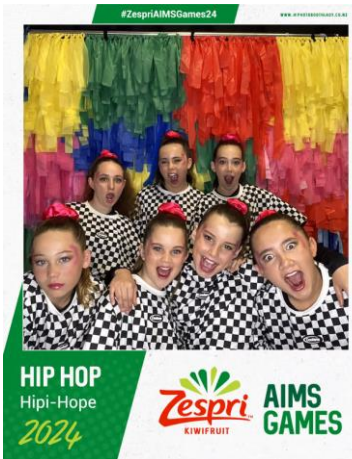
SCHOOL GROUNDS  
WILL BE CLOSED  
FIRST WEEK OF THE  
SCHOOL HOLIDAYS  
FOR MAINTENANCE

Kia ora whānau,

Last week, I had the privilege of attending our Kahui Ako speech competition, where two of our talented students proudly represented Whenuapai School. Lucy, from Year 8, and Nayten, from Year 6, both displayed their exceptional speaking skills in a challenging and competitive field of 11 schools.

Their performances were truly remarkable. From crafting their speeches and winning our school competition to standing confidently on the interschool stage, Lucy and Nayten demonstrated remarkable Mana and Ako. Their dedication and hard work were evident throughout the entire process.

I am incredibly proud of their achievements. Congratulations to Lucy for securing second place in the Year 7/8 competition, and to Nayten for receiving a personal commendation from the head judge. Their efforts reflect the high standards of our kura and serve as an inspiring example for us all.



## AIMS Games Kickoff This Week!

The AIMS Games, a prestigious sporting event for Year 7 and 8 students from across New Zealand, have officially begun this week. Our tamariki are competing in Hip Hop, Netball, Football, Hockey, Cross Country, Table Tennis, Rock Climbing and Orienteering.

Our teams have already arrived and are ready to give it their all. We send our best wishes to all our talented athletes and encourage them to enjoy every moment of this incredible experience.

To follow the action and cheer on our competitors, you can visit the AIMS Games official website <https://www.nzaimsgames.co.nz/> or follow them on social media for updates and live results.

Go team Whenuapai — make us proud!



## Senior Kapa Haka Performance

Our Senior Kapa Haka group will be performing at this year's Whiria Te Tāngata Kahui Ako Cultural Festival! Come along to experience the vibrant performances, soak in the festive atmosphere, and show your support for our amazing Kapa Haka performers.

\*See poster on the following page\*

As we celebrate these achievements, I want to acknowledge the unwavering support of our whānau, staff, and community. Together, we continue to nurture the talents of our tamariki, creating opportunities for them to shine. Thank you for being part of this journey—your encouragement and involvement make all the difference.

Have a great week!

Nga mihi,  
Adam Cels

WHIRIA TE TĀNGATA KAHUI AKO

# CULTURAL FESTIVAL

FRIDAY, 20 SEPTEMBER 2024

5PM - 8.30PM

 HOBSONVILLE POINT SECONDARY SCHOOL



*Food Trucks      Japanese calligraphy      Origami*  
*Lei making      Henna      &      more*

WAITĀKERE SCHOOL

SCOTT POINT SCHOOL

HOBSONVILLE POINT PRIMARY

HOBSONVILLE SCHOOL

MARINA VIEW SCHOOL

HOBSONVILLE POINT SECONDARY

WHENUAPAI SCHOOL

RIVERHEAD SCHOOL



### Dates for your diary ....

<b>7-13 September</b> NZAIMS Games	<b>Thursday – 31 October</b> NW Year 7/8 Badminton
<b>Wednesday – 11 September</b> 6.00pm Board Meeting	<b>Friday – 1 November</b> Kahu (Year 7&8) Athletics
<b>Friday – 13 September</b> Junior School - Playhouse Show	<b>Monday – 4 November</b> School Photos
<b>Wednesday – 25 September</b> NW Year 7&8 Girls Volleyball	<b>Tuesday – 5 November</b> School Photos NW Year 7&8 Touch
<b>Friday – 27 September</b> Last Day of Term 3	<b>Wednesday – 06 November</b> Kakapo (Year 5&6) Athletics
<b>Monday – 14 October</b> First Day of Term 4	<b>Tuesday – 12 November</b> NW Year 5&6 Cricket
<b>Monday – 14 October</b> First Day of Term 4	<b>Friday – 15 November</b> Kea (Year 1&2) Athletics
<b>Friday – 18 October</b> Enviroschool Reflection	<b>Tuesday – 19 November</b> NW Year 7&8 Athletics
<b>Wednesday - 23 October</b> Piwakawaka (Year 3&4) Athletics	<b>Tuesday – 3 December 2024</b> NW Year 5&6 Tag/Touch
<b>Friday – 25 October</b> Teacher Only Day– <b>School Closed</b>	<b>Friday – 20 December</b> Last day of Term 4
<b>Monday – 28 October</b> Labour Day – <b>School Closed</b>	



### Active Transport helps our planet!



Burning fossil fuels is making Earth get too hot So ride a scooter instead!  
You can help reduce stinky, toxic carbon emissions by using Active transport today!

**Hilton Brown**  
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Lessons for life

**Hilton Brown Hobsonville**

<https://swim.school.nz/>

Phone: 09 666 0240

5 Rawiri Place, Hobsonville, Auckland, 0618

[hobsonville@hiltonbrownswimming.co.nz](mailto:hobsonville@hiltonbrownswimming.co.nz)

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### Waste Free Lunchboxes



Whenuapai School is an EnviroSchool and we ask that students come to school with waste free lunches (**Nood Food**) to show Kaitiakitanga/Respect to our school environment.



A waste free lunch means only packing items that can be composted or recycled. That means, **no plastic wrap, no foil, no zip lock bags and no packaged foods.** We have compost bins for food scraps which we feed to our worm farm which then fertilises our vegetable māra/gardens and fruit trees. Through this process we are teaching the students to be responsible for the waste they create and how they can make a difference to our planet. **If students bring waste to school, we ask them to please take this home.** Thank you for supporting our school value of Kaitiakitanga/Respect for the Environment.

### Library News



**Scholastics Book Club**  
**Issue 6 out now!**

[CLICK HERE TO ORDER ONLINE](#)

**ISSUE 6  
OUT NOW!**



SCHOLASTIC **BookClub**

[CLICK HERE TOP VIEW CATALOGUE](#)

## PB4L Corner

This fortnight, we are focusing on **kotahitanga** (respect for others) with an emphasis on **empathy**—understanding how others feel, seeing things from their point of view, and imagining yourself in their place. Here are some simple ways to model and discuss empathy at home:

- Talk about your own emotions and experiences with your child. For example, say, “I felt really frustrated today when I couldn’t finish my work. How would you feel if that happened to you?”.
- Ask “How are you feeling today?” Not only will this let your child know that someone cares about how they are feeling, but it also signals to them that sometimes they’ll be feeling something negative—and that there’s nothing wrong with that.
- While reading books together, talk about how the characters might be feeling and why. Ask questions like, “How do you think this character feels right now?” and “What would you do if you were in their place?”
- Ask your child, “How do you think your friend feels when they lose a game?” This helps them think about others’ emotions.
- Notice and praise when your child shows empathy, like sharing with a sibling or comforting a friend. Positive reinforcement helps them understand the value of their actions.
- When conflicts arise, talk about how different people might feel and brainstorm solutions that consider everyone’s feelings. For example, “How do you think your friend feels when you take their toy? What can we do to make things better?”

Focusing on empathy helps children understand and care about others' feelings, making them respectful citizens of Aotearoa.



## Key strategies to teach CHILDREN EMPATHY

### 3-5 YEARS



- **DESCRIBE AND LABEL** - Help children recognize their emotions and body. “You’re clenching your fists. You stomped your feet. You seem angry.”
- **READ STORIES** and discuss the character’s feelings.
- Make a **WE CARE CENTER**.
- Coach their **SOCIAL SKILLS**.

### 5-7 YEARS



- Use **PICTURES** - Cut out pictures from magazines or print pictures that show sad, angry, or happy faces.
- **EMBRACE DIVERSITY** - Help children understand what they have in common with others.
- **OBSERVE OTHERS** - Note the body language of others and guess how they might be feeling.
- Teach about **HEALTHY LIMITS** and their own boundaries.

### 7-9 YEARS



- Engage in high-level **DISCUSSIONS** about book characters.
- Try loving kindness **MEDITATION**.
- Engage in cooperative **BOARD GAMES**.

### 9-11 YEARS



- Sign up for **ACTING CLASSES**.
- Create **EMPATHY MAPS** - Choose an emotion, then brainstorm what you might say, think, and do when you feel that way.

### 12+ YEARS

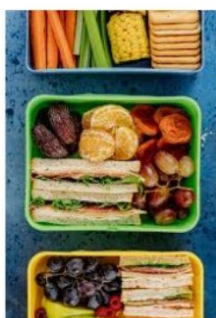


- Discuss current **EVENTS**.
- Encourage your child to choose **VOLUNTEER WORK**.
- Try “**WALK THE LINE**” activity - perfect for classrooms, summer camps, or other places with a large group of older children/teens.

Big Life Journal - biglifejournal.com



**Rubbish Free Lunchboxes are:**



**Healthier,  
Cheaper &  
Way better for  
Whenuapai (good land)**



**Here's what happened at another NZ school that asked all their students to pack Nood Food Lunches:**

"The children are loving the food – **it is a lot more nutritious**. We are noticing **better focus in the afternoons after lunch**. Even after the first week there was a huge change," says Heather.

As well as **eliminating waste**, Heather says they wanted to help **families save some money**.

"We tried to show them that by decanting big bags of things into a lunchbox, they **could stop waste** and **save money**," she says.

Other spinoffs are that children are **proud of their lunches**; some have **started making their own lunches** and some of the youngest children, who can take a long time to eat their lunches, **now manage to finish eating their lunches** because **they're not spending time opening up packets**."



**Hornby Primary School**

*Read the rest of the article here*

RESPECT FOR THE ENVIRONMENT

KAITIAKITANGA



## Our Environment

Our EnviroHeroes put the call out for students' favourite photos of our school environment. These were some of their top picks.



**YOU'RE INVITED TO:  
WHENUAPAI SCHOOL'S SILVER ENVIROSCHOOL  
REFLECTION**

**SAVE THE DATE  
FRIDAY MORNING 18TH OCTOBER**

**MORE DETAILS TO FOLLOW**



# KĀKĀPŌ Term 3 Update

## Olympics

This term in Kākāpō we have had an Olympic Sports focus and looked at the history of the Olympics, what makes an olympic athlete, and anaerobic and aerobic movements. To get us out and moving, we all set a SMART goal to achieve a fitness activity. Students made a plan to improve their fitness and worked on this each day. Later this term, we are going to host Kea team for a Mini Olympics Day! Look out for more information about this to follow.






## Zones of Regulation

Our other focus this term has been around Te Whare Tapa Wha - Taha Hinegaro, Taha Wairua, Taha Tinana and Taha Whānau. Through this, we have also looked at the Zones of Regulation and what they mean. Each Zone is a colour (Blue, Green, Yellow and Red) and represents different emotions. Students have been identifying these emotions and figuring out strategies to move between the zones, especially when they are in the Red Zone.

# IT'S SUSHI TIME

**ORDERS CLOSE ON THURSDAY  
12TH OF SEPTEMBER**



**ORDER VIA  
KINDO NOW**

**ST PIERRE'S SUSHI DELIVERED TO  
SCHOOL MONDAY 16TH OF SEPTEMBER**

# FLAVOURS

**ALL SUSHI - \$8 FOR 6 PIECES**

CLASSIC TERIYAKI CHICKEN

SALMON SUPREME

VEGETARIAN

TASTY TUNA

TERIYAKI CHICKEN - CHICKEN ONLY

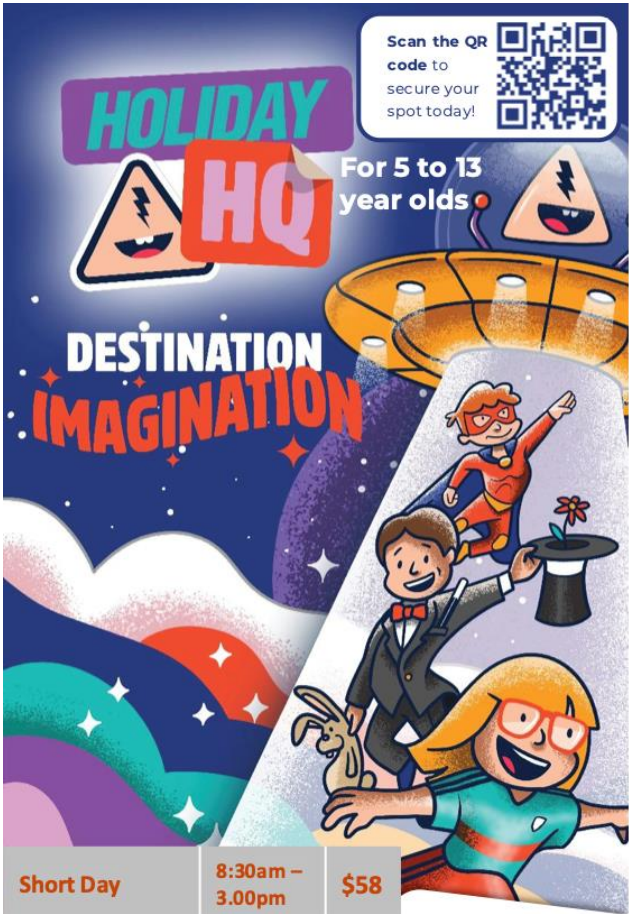
PLAIN AVOCADO



**REGULAR TERIYAKI  
CHICKEN ON RICE \$8**







Scan the QR code to secure your spot today!



For 5 to 13 year olds

<b>Short Day</b>	8:30am – 3.00pm	<b>\$58</b>
<b>Full Day</b>	7:30am – 6.00pm	<b>\$68</b>
<b>Trip/ Premium Day</b>	7:30am – 6.00pm	<b>\$80</b>



MSD-Approved. Work & Income OSCAR Subsidy available!

**sKids Whenuapai**  
**Whenuapai School Hall**  
 14 Airport Road  
 Whenuapai, Auckland

**Onsite:**  
 021 174 8473  
 (Only checked during opening hours)

**Email:**  
 Whenuapai@sKids.co.nz

**Book now at [skids.co.nz/whenuapai](https://skids.co.nz/whenuapai)**  
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**30th September – 11th October 2024**

September	October	September	September	September
<p><b>Monday 30<sup>th</sup></b></p> <p><b>You are on an Adventure Quest</b></p> <p>Explore new places and create your own mystical map along with a DIY compass and have fun playing Minefield &amp; Puzzle Piece Relay.</p> 	<p><b>Tuesday 1<sup>st</sup></b></p> <p><b>Cinema Trip – Harold and the Purple Crayon</b>  <b>Please arrive by 9am!!</b>  <i>You can bring some pocket money for extra snacks.</i>                      The afternoon will be filled with space themed activities. <b>(Trip Day)</b></p> 	<p><b>Wednesday 2<sup>nd</sup></b></p> <p><b>You are a Sports Star</b></p> <p>Enhance your sporting skills and play fun sporting games. Get ready for a fun-filled sports day!</p> 	<p><b>Thursday 3<sup>rd</sup></b></p> <p><b>You are a Speed Racer (Wheels Day)</b></p> <p>Bring your wheels, skates, skateboards, bikes, and scooters to show off your best stunts and tricks!</p> 	<p><b>Friday 4<sup>th</sup></b></p> <p><b>You are a Superhero</b></p> <p>Dress up as your favourite superhero! Make your own comic and enjoy superhero-themed activities.</p> 
<p><b>Monday 7<sup>th</sup></b></p> <p><b>You are Under the Sea</b></p> <p>Dive into the underwater world! Prizes for best dressed. Make your own salt dough starfish and make yummy marshmallows oyster cookies.</p> 	<p><b>Tuesday 8<sup>th</sup></b></p> <p><b>Local Trip / Premium Day and Make &amp; Take - Outdoor Explorer &amp; Photography Day</b>                      Nature Photography Workshop led by Keerti Siag Photography. Today we will go on a local photography expedition, exploring the great outdoors. <b>(Trip Day)</b></p> 	<p><b>Wednesday 9<sup>th</sup></b></p> <p><b>You are an Inventor</b></p> <p>Create something at the sKids inventor's lab and showcase your own invention at our very own inventor's fair.</p> 	<p><b>Thursday 10<sup>th</sup></b></p> <p><b>You are a Magician</b></p> <p>Discover the wonderful world of magic! Learn enchanting tricks and showcase your newfound talents at the sKids dazzling magic show.</p> 	<p><b>Friday 11<sup>th</sup></b></p> <p><b>Join our Imagination Party</b></p> <p>Celebrate the last day of Holiday HQ with glow-in-the-dark bowling and a party full of fun with your friends!</p> 

  Kids: Please bring your water bottle, morning tea, lunch and afternoon tea each day  



Join us for our

**Hobsonville**  
Kindergarten



**50<sup>th</sup> Birthday Celebration**

**Date:** Saturday 21 September 2024

**Time:** 2.00 - 4.00pm

We'd love to see past and present whānau and kaiako join us to celebrate 50 years of Hobsonville Kindergarten.

Join us for a shared afternoon tea. Tamariki will enjoy facepainting, and a special rock painting activity. Bring some cash along to be in to win our Raffle!

**Address:** 34a Trig Road, Hobsonville  
**Phone:** 09 416 8723  
**Email:** [hobsonville@aka.org.nz](mailto:hobsonville@aka.org.nz)  
**aka.org.nz**



 **Tauhinu Sea Scouts**

**PANCAKE  
BREAKFAST**

**21<sup>st</sup>** September  
8.30am - 1.00pm  
Greenhithe Community Hall

**Delicious Food · Raffles · Silent Auctions · Games  
Bouncy Castle & much more!**



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Annie & Sarah



## School Notices:



**School Docs**  
Policies and Procedures

For our Policies and Procedures please visit SchoolDocs at: [www.schooldocs.co.nz/](http://www.schooldocs.co.nz/)

**User** – whenuapai **Password** – airport

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### 2024 Parent Handbook

There is a Parent Handbook available on our school website with lots of useful information.

You can check it out by clicking on the following link:

[Click Here](#)



## Classic Cuts



63 Brigham Creek Road



## MUSIQHUB

PLAY SMART

### Music Lessons at Whenuapai School

Visit: <https://musiqhub.co.nz/>

For more information, contact:

Gloria Arboleda Martinez

0274 422 654

[Gloria.arboleda@musiqhub.co.nz](mailto:Gloria.arboleda@musiqhub.co.nz)



For DRUMS email: [paul.barry@musiqhub.co.nz](mailto:paul.barry@musiqhub.co.nz)

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search for Whenuapai

